

Food bytes

with Sarah Patterson

As always, if you have any recipes, tips or other info you'd like to share, email me at sarah@howdypartnersmedia.com.au



Profile:

ANN PEACOCK,
GENERAL MANAGER,
PUBLIC RELATIONS
FOR CROWN

FB: How would you rate yourself as a cook?
AP: I think my cooking skills are fair, however my boys, Andrew and Woody, would say my skills were poor! Haha ... so I would rate myself as a four out of 10, they wouldn't give me a score.

FB: What is your signature dish?
AP: Eskimo pies, Golden Gaytimes and Bubble-O Bill ice creams – a fantastic and quite individual dessert.

FB: If you could only have one more meal, what would it be?
AP: If I could have one last meal it would be roast lamb, roast potato, pumpkin, parsnip, fresh peas, broccoli and beans ... and lots of very, very thick Gravox to complete and washed down with a glass or two or three of pinot noir.

FB: What is your favourite TV food show and who is your favourite TV food person?
AP: I don't watch food TV shows therefore I don't have a favourite food person.

FB: What is your favourite food?
AP: My favourite food is roast lamb or roast beef with thick Gravox. I also like the supermarket brand of spaghetti bolognese. I have a Cup of Soup every morning. I am allergic to shellfish but the baked crab shell at Silks restaurant at Crown is brilliant and I could have a couple of them (though I haven't). I also love a really hot Thai red or green vegetable curry (though no tofu). I don't have this often as I hate the after effects of garlic – yuk!

FB: What is your favourite drink?
AP: My favourite drink is Diet Coke and Rose – not mixed together! I did once try Diet Coke and red wine. It happened by accident. I was drinking Diet Coke from a red wine glass and the waiter filled it up with red wine, my mistake. So I took the challenge and tasted the new drink and it wasn't that bad actually!

FB: Which five people would most like to invite to dinner?
AP: I would love to invite Princess Grace or Diana, Benazir Bhutto, Kate Langbroek, Jane Kennedy and my sister, Jane.

FB: Do you have a kitchen tip for us?
AP: Use Windex freely when cleaning benches.



CHOCAHOLICS

What is your all-time favourite chocolate bar? What is your least favourite chocolate bar? Until I posted these two questions on the Food Bytes Facebook page, I hadn't realised it was such a polarising topic. When I was a child, my dad used to buy me a White Knight bar every Sunday when he popped into the local milk bar to grab his copy of the *Sunday Observer*. When I opened up the kids' section in the middle of the paper, there was the chocolate bar staring back at me. The joy of working my little jaw around that chewy slab of peppermint coated in milk chocolate, while poring over the kiddie crosswords, is one of my favourite childhood memories.

However, the White Knight does not seem to attract the controversy its much-maligned cousin, the Turkish Delight, does. While many people share my dislike for this kind of chocolate, dozens more will jump to its defence, telling me I don't know what I'm missing out on. Cherry Ripes, Violet Crumbles, Bounty, Boost, Kit Kats, Flakes, Aeros and the old Scorched Peanut Bar all rated a mention among people's favourites in my little straw poll. But what was most interesting to me was seeing how many still miss and yearn for the old Pollywaffle.

No wonder Cadbury came up with the Favourites box. There's no pleasing everyone!



Quote of the week.....

"My weaknesses have always been food and men ... in that order"
– Dolly Parton



FOOD BYTES
proudly sponsored
by Westpoint Ford





Australian Government

We're helping businesses grow.

jobs.gov.au

GET YOUR BUSINESS GROWING

In 2017, over 400,000 new jobs were created – that's more than 1100 a day.

So if you're a small to medium business owner who's wondering about the next step or has changing business needs, there are Government initiatives and incentives to help you hire staff.

The Government is offering:

- Programs to help you hire or train staff
- Financial incentives up to \$10,000 to employ eligible staff

For more information go to jobs.gov.au

Authorised by the Australian Government, Canberra.